



Café Menu Term 3 2024

Pre-order to secure your selection

Sandwiches

Deli Style

Ham, lettuce, tomato, cucumber, carrot	\$6.00
Chicken, lettuce, tomato, cucumber, carrot	\$6.50
Cheese, lettuce, tomato, cucumber, carrot	\$6.00
Ham, cheese, tomato	\$5.50
Egg, lettuce, mayo	\$5.50
Chicken, lettuce, mayo	\$6.00
Ham and cheese	\$5.50
Cheese and tomato	\$5.50

Plain

Chicken	\$5.00
Ham	\$5.00
Cheese	\$3.50
Egg	\$4.00
Tuna	\$5.00
Vegemite	\$3.00

**Bread options - Gluten free (pre-order only),
multigrain and wholemeal**

Wraps

Half \$5.50 / Full \$7.00

Falafel with lettuce, tomato, cucumber, carrot and tzatziki

Chicken Caesar with egg, bacon, cucumber, parmesan, lettuce and dressing

Sweet chilli chicken with lettuce, tomato, cucumber and sweet chilli sauce

Honey mustard ham with cheese, carrot, cucumber, tomato, lettuce and honey mustard

Egg salad with mayo, cucumber, tomato, carrot and lettuce

Ham salad with mayo, cucumber, tomato, carrot and lettuce

Salads

Vegetarian options available

Chicken Caesar salad

Small \$6.50 / Large \$7.50

Lettuce, parmesan, cucumber, chicken, bacon, egg, red onion, Caesar dressing and croutons.

Garden salad

Small \$5.50 / Large \$6.50

Lettuce, tomato, cucumber, carrot, red onion and balsamic dressing

Greek Salad

Large \$7.00

Lettuce, tomato, olives, red onion, feta and Greek salad dressing

Thai chicken salad

Small \$6.00 / Large \$7.00

Hot Options*

Ham and cheese croissant	\$6.00
Tomato and cheese croissant	\$5.00
Egg and bacon sandwich	\$6.00
Beef burger	\$6.50
Chicken burger	\$6.50
Wedges, sour cream, sweet chilli sauce	\$5.00
Pizza (margherita)	\$5.50
Pizza - (ham)	\$5.50
Garlic bread	\$4.00
Beef pie	\$5.00
Sausage roll	\$5.00
Vegetarian pasty	\$5.00
Pasty	\$5.00
Sauces	
Tomato, sweet chilli or BBQ	\$0.30

Bakery

Small muffin (assorted)	\$2.50
Biscuits (assorted)	\$3.00
Banana bread	\$3.50
Doughnut	\$4.20
Danish pastries	\$4.00

Chilled

Fruit salad (GF)	Small \$3.50 / Large \$4.50
Yoghurt (GF)	Small \$3.00 / Large \$4.00
Yoghurt with fruit couli OR muesli	\$4.50
Jelly fruit cup	\$3.50
Mousse cup	\$3.00

Snacks

Veggie chips	\$3.00
Red Rock Deli chips	\$3.50
Cheese and crackers	\$3.00
Muesli pot/bar	\$2.50

Frozen

Frosty Fruits	\$3.00
Icy Poles (lemonade or raspberry)	\$2.00
Frozen juice cup	\$1.50
Zooper Dooper	\$1.00

GF = Gluten Free. Gluten free products do not use any ingredients containing gluten, but are prepared in a shared environment. We therefore cannot guarantee that they are completely free of gluten.

Daily Specials*

Monday

Crumbed fish, oven wedges and veggies, served with tartare sauce	\$8.00
Grilled maple chicken brioche burger (lettuce, cucumber, mayo), wedges	\$8.00
Buddha bowl: pumpkin, red onion, carrot, beetroot, avocado, egg, rice (V)	\$8.00

Tuesday

Bolognese pasta with parmesan (GF)	\$8.00
Mac'n'cheese pot with cheesy garlic bread (V)	\$7.50
Roast veg pizza with mozzarella (V)	\$7.00

Wednesday

Sweet chilli chicken bowl: rice, edamame, veggies, spiced dressing (GF)	\$8.00
Sweet chilli tofu bowl: rice, edamame, veggies, spiced dressing (V) (GF)	\$7.50
Minute steak burger (cheese, grilled onion, BBQ sauce), wedges	\$8.00

Thursday

Mexican bowl: beef chilli, rice, guac, sour cream, corn salsa, corn chips (GF)	\$8.00
Mexican veg bowl: beans, corn, salsa cucumber, guac, turmeric rice (V)	\$7.50
Lamb souvlaki bowl with flat bread and salad	\$8.00

Friday

Butter chicken with rice (GF)	\$8.00
Chickpea, potato and cauliflower Indian curry with rice (V)	\$7.50
Meatball sub with tomato sugo and mozzarella	\$7.00

***Hot food availability can only be guaranteed by placing an order.**

Drinks

Emma & Tom's Juice	\$5.00
Pump flavoured water	\$5.00
Fuze tea	\$5.00
Sodaly can	\$3.50
Mt Franklin still water	\$3.00
Fruit box	\$3.00

Barista-made coffee available 8am - 10.30am on school days (students excluded).